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Beloved Children of My Heart-

Allow Me to call your attention once again to your individual responsibility for that which comes into your life-experience and the absolute importance of controlling your thoughts and emotions; for thus can you make your journey through this world free of anxiety.

The Three-fold Flame in your heart is constantly pulsating into the Universe the Energy of Life and the quality imposed upon that Energy by the outer self is the responsibility of the individual. Energy, as you know, takes on quality through the conscious direction of the thoughts and feelings of the individual. This Energy or Light Substance animated by the Holy Spirit is the Primal Essence of pure Divine Love from which all can draw without limit.

When discord manifests in any facet of an individual's life it means that the Energy, which should be pouring forth harmoniously in Love, (which is the keynote of the Universe) has been changed through conscious or unconscious effort into this discordant appearance. In other words, Its rate of vibration has been changed - it has been lowered.

Energy is the same in Love and in hate, in fear and in confidence. It is the rate of vibration that makes the difference in Its quality. Therefore, blessed ones, not one of you can say that you are without Love, without Confidence or without Faith, for, by pouring primal Light or love into hate, or fear or lack of confidence you quicken the vibration of that quality and change it into a constructive expression. When these truant thoughts try to impinge upon your consciousness, call at once to the Master of your choice to pour His Light through you; your call will be answered; your Light expanded through every cell of your body and you will walk in joyous freedom seeing the Christ in your fellowman.

You have been told that when you create a thought-form you create a cup. This cup is then filled with the substance of the Universe that vibrates at the same rate as the original thought pattern; so you see how your thoughts affect your individual life.

Whether a student reads Truth literature, gives his attention to what is said on radio or television, or reads a trashy book, immediately the process of creating thought-forms takes place in the outer mind, for every written or spoken word contains within itself a mental picture and a corresponding thought-form is exuded from that individual.

It would be wise, therefore, for the alert student to consciously create thought forms either of the Masters, the Angelic Host or any expression of beauty, as well as of abounding health, strength and prosperity. These cups will immediately draw the Substance of the Universe from the Hearts of the Perfected Ones and will become part of the enriching environment in which the student dwells. They will also be a tremendous protection around him and can be a great expansion of his assets of soul and body. They can also be intelligent Messengers that will carry the Consciousness of the Gods to other people.

I clothe you now, each beloved one, with My Love, My Strength and My Light.

Blessings and Love,

Maha Chohan.

Dear Hearts - Your generous spiritual blessings and your practical support help us to carry on this work of The Masters. We, in turn, daily bless you for this.

THE BULLETIN SERVICE.

Kindly address all communications re BULLETIN to P.O.Box 5, Flourtown, Penna. U.S.A.